

Ladaysia Sturgis

# Draw Near

For the next 28 days, we're going to intentionally seek God through his word. We're going to discover the many ways God loves us and how he is drawing us to be near to him.

Each day there will be a journal prompt for you to complete and scripture for meditation. Journal what the scripture means to you and reflect on who God is to you at that moment.

This challenge is aimed to get you closer to God. I pray throughout this challenge you discover the many ways God shows you he loves you and he cares for you.



xo, Paisy

"Come close to God, and God will come close to you." James 4:8

TODAY I FEEL		
energized	peaceful	standoffish
upset	loved	accomplished
alone	strong	happy
certain things or eve	l helps you recognize your ents, no matter how munda ast 10 things that made you	ane. For this exercise,

"And we are confident that he hears us whenever we ask for anything that pleases him." 1 John 5:14

TODAY I PRAYED FOR		
my peace	my mental health	my children
my job	my future	my supervisor
my spouse	my finances	my life
For this exercise, write down	your prayers to God. What are this time of prayer?	e you seeking to gain during

"But the Lord is faithful; he will strengthen you and guard you from the evil one." 2 Thessalonians 3:3

·	2 Thessalonians 3:3	
TODAY GOD PROTECTED MY		
peace	joy	mind
space	heart	thoughts
<pre>sanity</pre>	voice	life
For this exercise, reflect on your life. has he kept y	In what ways you have seen ( ou from certain situations?	God protect you? How

"All of this is for your benefit. And as God's grace reaches more and more people, there will be great thanksgiving, and God will receive more and more glory." 2 Corinthians 4:15

TODAY I SHOWED GRATITUDE BY		
praising saying thank you being kind	worshiping honoring God praying	dancing singing acknowledging God
For this exercise	e, write down 10 things you	are thankful for.

"Share each other's burdens, and in this way obey the law of Christ." Galatians 6:2

God a loved one a significant other a co-worker myself  Community is so important during your walk with Christ. What showing you that you need a community around	TODAY I SPENT TIME WITH		
a co-worker myself  Community is so important during your walk with Christ. What	a friend		
Community is so important during your walk with Christ. What	a small group		
	an accountability partner		

"I pray that your hearts will be flooded with light so that you can understand the confident hope he has given to those he called—his holy people who are his rich and glorious inheritance."

Ephesians 1:18

TODAY I SPOKE TO GOD	ABOUT	
my life my peace my sins	my burdens my future my goals	my desires His will my fears
Your prayers have pov	wer. What are you seeking Go	d to do in your life?

"The tongue can bring death or life; those who love to talk will reap the consequences." Proverbs 18:21

TODAY I SPOKE POSITIVELY TO		
my boss	my children	my co-worker
my loved ones	my spouse	my neighbor
a stranger	my friends	myself
What is one kind thing you said	l today? What has God you are?	revealed to you about who he says

"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."

Romans 12: 2

	ROMans 12. Z	
TODAY MY MOOD IS		
sassy	nice	rude
kind	bossy	happy
unbothered	loving	peaceful
For this exercise write down	vour higgest takeaway fr	rom the day. How was God present
Torum exercise, write down	in that moment?	om the day. How was dod present

"Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere." Ephesians 6:18

TODAY MY PRAYER IS FOR		
deliverance clarity freedom	happiness the world structure	leadership understanding peace
		o is God telling you to pray for in

"Wise choices will watch over you. Understanding will keep you safe." Proverbs 2:11

TODAY GOD PROTECTED ME FROM		
negativity lonliness	worry self-blame	confusion
self-doubt	harm	temptation
God is our prote	ctor. What has God protect	ed you from today?

"Rooted and built up in Him and established in the faith, as you have been taught, abounding in it with thanksgiving."

Colossians 2:7

TODAY I AM GRATEFUL FOR		
peace of mind	a loving spouse	a loving family
God's faithfulness	wonderful children	accountability
self-control	joy unspeakable	community
Expressing gratitude is ack	knowledging his hand in our l thankful for.	ives. List 10 things you are

"A friend is always loyal, and a brother is born to help in time of need." Proverbs 17:17

TODAY I SPENT TIME WITH		
God a spouse	a loved one a significant other	a friend a small group
a co-worker	myself	an accountability partner
How is God showing you	u that he is motioning you to b	e amongst other believers?

"Don't turn your back on wisdom, for she will protect you. Love her, and she will guard you." Proverbs 4:6

TODAY GOD SPOKE TO ME ABOUT				
my future	my relationships	my children		
my future spouse	maintaining peace	my heath		
His plans for me	being fruitful	my peace		
When God speaks, we ought	to listen. What are you hearin	g God say to you today?		

"But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness."

Galatians 5:22

TODAY I WAS KIND TO	•	
my boss	my children	my co-worker
my loved ones	my spouse	my neighbor
a stranger	my friends	myself
The fruits of the spirit should	d be present during our lives today?	s. How did you show kindness

"But I say, love your enemies! Pray for those who persecute you!" Matthew 5:44

TODAY I FEEL		
overwhelmed	excited	confident
unhappy	overjoyed	peaceful
boring	brave	loved
Estable societies with	da	and a factor of today
For this exercise, write o	down at least 10 things that	made you feel good today.

"I tell you, you can pray for anything, and if you believe that you've received it, it will be yours." Mark 11:24

TODAY I AM PRAYING FO	R	
self-control	joy	self-love
faith	forgiveness	structure
deliverance	kindess	community
For this exercise, write down y	our prayers to God. What a	are you seeking to gain during
	this time of prayer?	,

"The righteous person faces many troubles, but the Lord comes to the rescue each time." Psalm 34:19

TODAY GOD PROTECTE	D MY	
mind	peace	dignity
values	integrity	energy
joy	space	voice
Recall back to a situation that I	happened today. How did G all?	od protect you in the midst of it

"And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful."

Colossians 3:15

<b>TODAY I SHOWED</b>	GRATITUDE BY
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praying	honoring God	being kind
singing	worshiping	saying thank you
dancing	praising	acknowledging God
H	low do you express gratitude to	God?
Today, journal abo	out the many ways you enjoy ex	pressing your gratitude.

"I have called upon you, for you will hear me, O God; incline your ear to me, and hear my speech."

Psalm 17:6

		Psalm 17:6	
TODA	AY I SPENT TIME IN		
	prayer	positive thinking	reflection
	worship	journaling	quiet time
	devotional	self-care	God's presence
		e, write down your prayers to 0 ng to gain during this time of p	

"O Lord, keep me out of the hands of the wicked. Protect me from those who are violent, for they are plotting against me."

Psalm 140:4

TODAY	I PROTECTED MY		
	mind values joy	peace integrity space	dignity energy voice
		o in your life when you needed	d him most?

"Wise words are like deep waters; wisdom flows from the wise like a bubbling brook." Proverbs 18:4

TODAY I TALKED TO GOD ABOUT				
discernment	my family	my spouse		
finances	my loved ones	my business		
His promises	my co-workers	His grace		
List a few ways God has transfo What is God	ormed you over the past few I speaking to you about toda			

KITIU WOI	us are like noney-	Prove	rbs 16:24	nealiny 10	i the body.	
TODAY I WAS PI	RESENT BY					
lister	ning		speaking up		being hea	ard
enga	ging		being bold		standing	firm
being	gaware		showing up		remaining positive	g
God shows up for u	s every day. In w	hat wa	ays did you sho	w up to b	e in God's prese	ence?

"So be strong and courageous! Do not be afraid and do not panic before them. For the Lord your God will personally go ahead of you. He will neither fail you nor abandon you."

Deuteronomy 31:6

MY MOOD TODAY IS	Dediteronomy 31.0	
MT MOOD TODAT TO		
welcoming	kind	engaged
loving	peaeful	strong
confident	structured	fearless
How do you feel knowing tha	at God will never leave you	nor will he forsake you?

"Rejoice in our confident hope. Be patient in trouble, and keep on praying." Romans 12:12

TODAY I AM PRAYING FOR		
my peace	my mental health	my children
my job	my future	my supervisor
my spouse	my finances	my life
For this $\epsilon$	exercise, write down your praye	rs to God.
What are yo	u seeking to gain during this tin	ne of prayer?

"God is our refuge and strength, an ever-present help in trouble." Psalm 46:1

TODAY GOD PROTECTED ME FROM				
negativity	worry	wrecklessness		
lonliness	self-blame	confusion		
self-doubt	harm	temptation		
List the ways God has been a covering over your life. How does it feel to know that you have an ever-present help in your life?				

"I will praise you, Lord, with all my heart; I will tell of all the marvelous things you have done." Psalm 9:1

I AM GRATEFUL FOR			
peace of mind	a loving spouse	a loving family	
God's faithfulness	wonderful children	accountability	
self-control	joy unspeakable	community	
Thank God today by worshiping him. Write a love letter to God expressing your gratitude towards him.			

"Devote yourselves to prayer with an alert mind and a thankful heart." Colossians 4:2

TODAY I AM SEEKING GOD FOR			
healing	identity	peace	
guidance	love	joy	
<pre>clarity</pre>	understanding	<pre>purpose</pre>	
What are you seeking clar	What are you seeking clarity for in your life? Pray and ask God for guidance and discernment in that area.		

"Now may the Lord of peace himself give you his peace at all times and in every situation. The Lord be with you all."

2 Thessalonians 3:16

TODAY I AM AT PEACE WITH			
my past	waiting on God	my current state	
myself	my journey	my pace	
God's promises	my future	my destiny	
Jesus is the prince of	Jesus is the prince of peace. What areas of your life do you need peace in?		